



Talisman

*Talisman ...
A Unique New-Age Shop
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April 29, 2010

Merry Greetings!

On May 21st I was invited to lecture at The Yale Divinity School on the topic of Wicca, Neopaganism and the Changing Face of Spirituality. If you click on my blog listed above, you can read my detailed lecture notes. In terms of my thoughts on how Spirituality is changing - well, as you know, Talisman celebrates Universal Spirituality - the idea that all paths based on good thoughts and deeds lead to The One. And as I've said, many of Talisman's patrons probably identify most closely as "Mystic Christians" - that is, individuals who follow the path of The Christ but are open to more new-age concepts such as reincarnation, karma, metaphysical or paranormal phenomenon, energy healing, spirit guides, dream interpretation, divination, and the study of religions not necessarily identified as their own but viewing them as having merit and ideas which might be integrated into their own spiritual path.

And I have to say, the religions which seem to draw the most interest are Buddhism, the Native American path(s), and Wicca. But people get confused as to how aspects of these religions can be brought into their homes and lives. When questioned, I have asked many of you if you can create a "sacred" space in your home - which can be as elaborate as a full meditation room or as simple as a shelf which has been turned into an home altar or shrine. When you design an area of your house around spirituality, you choose to express your relationship with divinity in the most personal of spaces ... your home. This takes the most mystical of subjects, whose history reaches as far back as the beginning of time, and gives it a place where you reside. This space should elevate the spirit, stimulate insight, enhance power

Talisman's Regularly-Scheduled Readers (Cash payment requested)

Starr: Thursdays - Angel Readings 4:00-7:00 pm (or by appointment) \$30 or ask question \$1/min. Among Starr's gifts is that of telemetry, or the ability to "read" an object through touch. If you would like to connect with someone who has passed through a piece of jewelry or clothing, a toy, a letter, etc. please bring these along to your session.

Barbara DeLong: Fridays by appointment (call 261-0047) \$40/30 min; \$75/60 min. Her website www.barbaradelong.com is a teaching site with spiritual material and predictions for the energies of every day in the year. Check out Barbara's Blog Talk Radio Site: www.blogtalkradio.com/night-light

Lina: Sundays - Intuitive Counseling by appointment

and offer comfort and reassurance. Such a space might include religious artifacts, ritual objects, pictures, artwork, and found objects (shells, rocks, feathers). You might add something precious to you, such as a cherished pair of baby shoes, which Tibetans view as traditional symbols of good luck and symbolize forward movement on the spiritual path!

Remember that a home becomes a sanctuary when it protects the life and nourishes the spiritual visions of all the souls who dwell and are welcomed within it. In these trying times, if you have not yet created a sacred space in your home perhaps it is time to clear off a shelf, mantle - even something as simple as a flat rock in your garden - and use this area as a focal point to immerse yourself in spirituality and contemplation of the Divine.

Something New ...

I am considering adding a "Question and Answer" section in the newsletter. If you like, you can just hit "reply" to this email and ask your question and it will be answered in next month's newsletter.

Also note that Rev. Mark will be available Saturdays (no appointment needed) after May 22nd for individual or group spiritual counseling sessions, free of charge. Mark has become a very dear member of the "Talisman Family" and has extensive knowledge regarding the Wiccan religion. We get so busy on Saturdays and often that's the only day people can get to the shop ... so having Mark on-hand to

(261-0047) \$50/45 minutes. Lina uses her gifts of mediumship, palm reading and angel cards in a reading that can extend as much as two years into the future. Her accuracy is legendary ... everyone loves Lina!

May 8: 2:00-7:00; Donna, Herbal Tarot (Shamanic/Medium) reading includes personalized mojo bag. \$25/20 min.

May 15: 12:00-6:00; Gwen, Whole-Life Tarot (may include some past life aspects) \$25/20 minutes. Tammie Barletta, licensed Massage Therapist, 12-5 \$1/min.

May 22: 12:00-6:00; Elpida, Greek Coffee Readings or Tarot. \$30

May 29: Tammie Barletta, licensed Massage Therapist, 12-5 \$1/min.

Saturday Spiritual Counseling

answer questions, both simple and more in-depth, is really wonderful. Mark is so easy to talk to and very approachable (many of you have met him already) so please do stop by and say "hi".

Our next **New-Age Fest** will take place on Saturday, May 1st from 12:00-6:00pm. These events are great in that they allow the opportunity to showcase guest readers - this month, Cathy Kane (whom many of you know from the very popular classes she has taught here) will join us and read palms or the I Ching at Talisman. Readings \$25/20 min. or \$40 for Aura Photography and Spirit Guide drawings (cash payment requested).

Aura Photography by Tim Bshara of A Healing Hand. A session lasts 20 minutes and include a verbal discussion of the aura and chakras plus the client takes home a 20+ page report. \$40 (appointment recommended 261-0047). Tim also does crystal healings for the chakras and aura - following your session, please ask him for more information (additional charges apply).

Andrew Neblett: Many of you already know Andrew from the classes he has taught and healings he has facilitated here at Talisman. In addition to being a gifted Tarot reader, Andrew is a Certified Registered Hypnotherapist and Natural Health Consultant. Learn more at www.nebletonline.com

Cathy Kane: Professional Psychic, a Reiki Master, a Bard, an esoteric Christian mystic, a student of the Universe and an enthusiastic teacher of what she knows. She uses palmistry, the I Ching, dowsing, intuitive readings and an assortment of

Rev. Mark is a 3rd Degree High Priest of the Cabot Tradition of Witchcraft and a graduate in Italian Stregheria from Raven Grimassi's College of the Crossroads. He has been investigating the paranormal for nearly 30 years and currently works with the CORPSE Paranormal Research Organization of CT. He offers free spiritual guidance, counsel and life coaching to members of the Witchcraft/Pagan community and is available (after May 22) on Saturdays at Talisman.

Available by Appointment ...

Laura: Almost everyone knows that I'm happy to throw cards/read palms for five dollars. As a courtesy I don't do this when there are scheduled readers working that day, many of whom drive a distance to get to the shop and it's not fair to them. People ask - Why only five dollars? Because you have to catch me between customers/phone calls and

other techniques to empower people with the information they need to make good choices and have their best and brightest lives.

Pina "The Lady of the Light" She is an Oracle Psychic Medium. Blessed as a child with many gifts, Pina does Angelic Readings. She follows her spiritual path through this life using her gifts to help others. Pina is a Psychic Consultant with the Connecticut Paranormal Research Society and does readings in New York and Connecticut. Pina works with the Angelic Realm to help and advise.

Chair Massage by Tammie, licensed Massage Therapist, from 12:00 to 6:00 \$1/minute. Five or ten minutes spent in Tammie's chair will leave you relaxed for the rest of the day ... everyone who tries it comes back again and again!

Jessie Shippy, Spirit Guide Artist: Jessie is a third generation clairvoyant-intuitive. She is noted for her visionary ability to access the Akashic Records, bringing forth the highest truths and spiritual principals, presenting them in a concise, straightforward, applicable manner. Read more on her website www.spiritguidelady.net Along with a colored drawing (9 X 12) of your Spirit Guide, the following are some messages that come through from spirit:

- *your spiritual gifts interpreted through color
- *confirmation and communication.
- *the year the guide came to you
- *the guides name and origin.
- *introduction to your power animals
- *natural gem for heightened energy

even then I am apt to be interrupted by the business of running the shop - so \$5 seems fair to me! However, I have been getting requests for private readings for some time now ... and so, if you would like a private appointment on Sunday-Tuesday (when Talisman is closed) I will come to Talisman and sit with you, in an uninterrupted reading, for \$25. Also, most of Talisman's readers - and myself - are available to read at home parties or events for three or more people. Call me (261-0047 or 402-9186) to schedule.

Healing massage/Reiki with Kim: Most of you have met Kim, my best friend and sister-in-law, as she has watched the shop from time to time. She has dressed candles, done house cleansings, and sat in on healing/reading sessions at Talisman as well. Kim is now (finally!) taking her own special brand of healing massage/Reiki/journeywork

Please note that Jessie books up FAST - so please don't wait to call for an appointment!

CLASSES & WORKSHOPS
RSVP (203) 261-0047

May 15th - The Body Language Workshop 5-7 pm, taught by Andrew Neblett. Cost \$20

We use our mouths to speak but our bodies communicate much more and more honestly! In this special workshop you will learn the following: What the different parts of the face, neck, shoulders, arms, hands, torso, hips, legs and feet are saying to you; How someone really feels about you (Great stuff for those of you looking for a partner!); If someone is lying or hiding something; If the person is fearful; How a child is feeling; The current health of the body; Myths about body language -- and much, much more! Knowing how to interpret body language will give you a distinct advantage and can help you avoid costly or embarrassing mistakes and decisions. You will learn a very useful new skill and have a lot of fun doing it!!!!

May 22 - Basics of Aura & Chakra Cleansing 3-5 pm, taught by Tim Bshara. Cost \$25

This class will help you connect the dots between your energetic field - the aura and chakras - and your physical, mental, emotional, and spiritual well-being. Come explore various techniques that can be used to detect imbalances, balance the energy field, and discuss WHY this is vital to our happy, successful, abundance-filled lives. Sufficient time will

on the road, so to speak - "Have table/will travel!" and is available for at-home sessions for \$85/hour. Of course, I am biased ... but the feedback I have been getting is that she is providing a truly unique and wonderful experience. Call 261-0047 for more information.

be allotted to hands-on practice, and reference material handouts will allow a relaxed learning atmosphere.

May 29th Tarot 101 3-5 pm, taught by Laura Lenhard \$10

Bring your own tarot deck and we will discuss the basic tenants of tarot reading, then build our skills by throwing cards in the classic “Celtic Cross” spread and reading for each other. Handouts.

June 5th Usui Reiki, Level II. 9:30 am - 6:00 pm, taught by Cathy Kane. Cost \$200

You must have taken Level 1 Usui before this class, but students of other teachers are perfectly welcome. Reiki is an energyworking system that originated in Japan. It uses a divine pool of energy to support the body's natural ability to heal itself. Reiki has other uses (such as manifestation) as well as built-in safety measures that protect the practitioner from doing harm inadvertently or depleting himself in the process. Angelic Reiki (originally channeled to Kathie Valentine) is an enrichment of Usui, and is a part of all of Cathy's Reiki classes. This class includes 2nd degree attunement, 5 Reiki symbols (including one that works across distances and forward/backward in time), distance healing, Reiki goal empowerment and a lot more.

Catherine Kane has been a teaching Master of Reiki since 1996. She loves to teach, especially things like Reiki that has improved her own life and the lives of others so much. In her class, you'll get demonstration and practice, as well as theory, and she continues her availability post-class to answer questions. For more information, please contact Catherine

Kane at we_are_foresight@yahoo.com

June 12 - Connect with your Spirit Guide in 2010 3-5 pm, taught by Jessie Shippy. Cost \$25

While working with color and energy you will be asked to participate with Jessie (Clairvoyant/Intuitive) to draw and communicate with one of your Spirit Guides, which will assist you on your Spiritual path in 2010. Spirit Guides are wise souls who have many incarnations on the earth plane. Some of our Guides stay with us throughout our lives, others come in for a short time to help us through challenging times of growth, which move us forward on our Spiritual path. If you ever desired to connect more fully with your Spirit Guides, then this workshop is for you. You will be gently led by Jessie using her intuitive gifts, helping you to interpret what you are experiencing. Jessie will also introduce you to your Animal Totem.

This is the best part- “No artistic talent is required for this workshop” just come with an open heart, and loving intention to those beings who provide our spiritual support in life. All needed material will be supplied.

July 10 -The Full Moon in Witchcraft – \$25

Join authors Raven Grimassi and Stephanie Taylor for this workshop ... yes, it's THAT Raven Grimassi ! Yes, this class will fill up fast! We all know that the full moon has always evoked a sense of the mystical. Why do we gaze at the moon, and what is that calls to us in the moon's light? Come and discover why witches gather beneath the full moon. Learn

about the connection between the moon and the ritual circle. Discover the inner teachings about the moon and its role in birth, life, death, and renewal. This talk will include a talk on the magic of moonlight, the role of the goddess of Witchcraft, and the connection of the Underworld theme. Lecture is 2 hours with a 10 minute break in the middle. Time for Q & A will be provided.

**July 17 and July 31 - Wise Woman Herbal 101 - 3-5 pm
taught by Donna Golias \$40/both classes**

During the first week, the class will include an introduction to the history of herbal medicine, a discussion on herbal properties and the medicinal uses of common herbs in your kitchen and yard. The second week, we will be making some simple remedies for ailments such as earaches and poison ivy, as well as a beeswax salve. All materials and herbs will be supplied with the course.

Although i speak from my own experience; i feel that no one has the right to impose his or her beliefs on another person.
- 14th Dalai Lama

Shall I not inform you of a better act than fasting, alms and prayers? Making peace between one another: Enmity and malice tear up heavenly rewards by the roots.
- Muhammad

However many holy words you read, however many you speak, what good will they do you if you do not act upon them?
- Buddha

Past the Seeker as he prayed came the crippled and the beggar and the beaten. And seeing them he cried, "Great God, how is it that a loving creator can see such things and yet do nothing about them?" ... God said, "I did do something. I made you."

- Sufi Teaching

A man who was completely innocent offered himself as a sacrifice for the good of others, including his enemies, and became the ransom of the world. It was a perfect act.

- Mahatma Gandhi

All things share the same breath - the beast, the tree, the man; the air shares its spirit with all the life it supports.

- Chief Seattle

People who want to share their religious views with you almost never want you to share yours with them.

- Dave Barry

There is no religion higher than The Truth.

- Seal of the Theosophical Society